

MISSION STATEMENT

We here at Connections Peer Support Center, are committed to providing access to resources, education and support for individuals who are facing challenges, such as mental wellness issues, addictions and homelessness.

Connections is a peer support center, run by peers. We are dedicated to help our members with mental health issues, addictions, co occurring issues, veterans and the homeless.



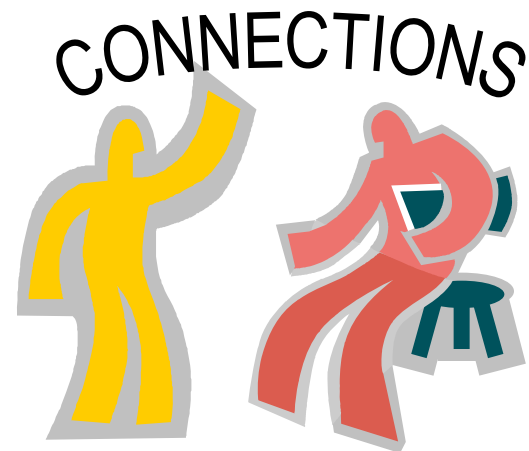
Connections Peer Support Warm Line is operated by peers and is available 7 days a week to talk with you.

The Warm Line is available from 5-9 pm.
If you feel the need, please call us.

PEERS HELPING PEERS

CONNECTIONS

Peer Support Center
of Greater Nashua.



**Peer Support Center
of Greater Nashua.**

45 High Street
Nashua, NH

**(603) 882-3616,
ext. 1147**

*A peer support program
of Harbor Homes, Inc.*

	MON	TUE	WED	THU	FRI
8-9 am	Check-in & Goals	Check-in & Goals	Check-in & Goals	Check-in & Goals	Check-in & Goals
9-10 am	Intro Computers, Phone calls, etc. work on Goals	Phone calls, etc. Work on Goals	Phone calls, etc. Work on Goals	Intro Computers, Phone calls, etc. work on Goals	Phone calls, etc. Work on Goals
10 am to 12 noon	W.R.A.P. Moving Toward	Depression Workshop	Peaceful Solutions Anger Mgmt	Mutual Responsibility	Recreational activities To Be Announced
12-3 pm	Co-occurring (Dual Diagnosis)	Pathways	Co-Dependency & Recovery from Co-Dependency	Pathways	Weekend Planning
3-4 pm	One on Ones	One on Ones	One on Ones	One on Ones	One on Ones

Call or stop by for information about the above programs, and others such as G.E.D., job search skills, recreational activities, arts and crafts, community meetings and All Things Cooking.

“Connections is here because you are here”